

WHAT IS MICRO-NEEDLING?

The product we use at our clinic for micro-needling is DermaPen. This is a sterile medical device which contains hundreds of micro-needles. The Derma Pen is rolled over the surface of the skin, and the microneedles penetrate the dermis (the second layer of tissue which lies between the Epidermis and the Hypodermis), which is the layer that contains the collagen and elastin properties. The body responds by creating a healing process, enhancing collagen and elastin production within the skin, regenerating it, and improving its appearance.

DermaPen treatments improve skin tone and texture, increase elasticity, reduce fine lines, and can also help to reduce the appearance of scars. Products applied after treatments are absorbed further into the skin and become more effective than on 'normal' skin.

To get advanced results, we advise visiting a clinic like ours, where we prep the skin and apply topical anaesthetic cream before the treatment. Our home Derma Pen would then be used as maintenance after your treatment.

WHO IS THIS TREATMENT SUITABLE FOR?

Micro-needling is suitable for most skin types; however, it is not suitable for people with active acne or rosacea. Skin types 4 and above (Asian and black skin) should be extra cautious with this treatment.

HOW OFTEN CAN YOU HAVE A DERMA PEN TREATMENT?

We recommend having a DermaPen treatment every 6-8 weeks.

POST-TREATMENT INFORMATION:

Your skin may look and feel like you have sunburn; your skin will appear pink and glowing immediately following the treatment. It is normal to experience a tingling sensation.

TO ENSURE YOUR SKIN RETURNS TO NORMAL AS QUICKLY AS POSSIBLE AND TO ACHIEVE THE BEST RESULTS, FOLLOW THIS ADVICE:

- Apply an SPF with UVA and UVB protection, such as Heliocare SPF 50, daily.
- Always ensure your hands are thoroughly clean when touching the treatment area post-procedure.
- Aggressive skin care products should be avoided until the redness has subsided.
- Do not apply makeup for 24 hours after the procedure; 100% mineral makeup.
- To reduce irritation, avoid saunas, exercise and hot baths/showers until the redness has gone.
- Avoid intensive sunlight exposure and artificial UV exposure for at least 4 weeks after the procedure.
- Fake tan should not be applied for 7 days following a DermaPen treatment.